

Breakfast Menu

Pre-K Menu

January
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

1



8 Chocolate Chip Muffin 
Diced Pear Cup

15



22 Chocolate Chip Muffin 
Diced Pear Cup


29 Blueberry Muffin 
Diced Pear Cup

Tuesday

2 Rice Krispies 
Light Mozzarella Cheese Stick
100% Orange Tangerine

9 Rice Krispies 
Light Mozzarella Cheese Stick
100% Orange Tangerine



16 Rice Krispies 
Light Mozzarella Cheese Stick
100% Orange Tangerine

23 Rice Krispies 
Light Mozzarella Cheese Stick
100% Orange Tangerine



30 Rice Krispies 
Light Mozzarella Cheese Stick
100% Orange Tangerine

Wednesday

3 Maple Mini Waffles 
Applesauce



10 Maple Mini Waffles 
Applesauce


17 Maple Mini Waffles 
Applesauce

24 Maple Mini Waffles 
Applesauce

31 Maple Mini Waffles 
Applesauce




Thursday

4 Cheerios Cereal 
Light Mozzarella Cheese Stick
Diced Peaches


11 Cheerios Cereal 
Light Mozzarella Cheese Stick
Diced Peaches


18 Cheerios Cereal 
Light Mozzarella Cheese Stick
Diced Peaches





25 Cheerios Cereal 
Light Mozzarella Cheese Stick
Diced Peaches


Friday

5 Whole Grain French Toast Slices 
100% Juice Fruit Punch



12 Whole Grain French Toast Slices 
100% Juice Fruit Punch

19 Whole Grain French Toast Slices 
100% Juice Fruit Punch

26 Whole Grain French Toast Slices 
100% Juice Fruit Punch



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Available Daily

Fresh Fruit (apple, orange, banana or seasonal) available with Breakfast Meal

Fat Free and Low-fat Milk available Daily

All grains are WG and/ or WW

